



Know yourself...live more fully

Do you want to change your life or help others change theirs?

Come to an engaging and transformational workshop for individuals and families.

Become aware of the power you have to reshape your life.

See why you keep experiencing the same challenges in your professional and personal relationships.

See how family patterns through the generations impact your life now.

Learn to transform anger, hurt, and fear into energy for a positive future.

“An insightful weekend with wonderful, warm, helping individuals.”

“Wonderful toolbox”

“What a genesis this has been for me.”



Friday evening to Sunday, April 23–25, 2010
Communications within the family—see life through a new lens

Free Info Session: Friday, April 9, 7:00–9:00 pm
RSVP required ♦ 3427 Greenbank Road

Satir Learning Centre of Ottawa
Janet Christie-Seely, MD, FCFP

www.satirottawa.ca ♦ 613-823-0366

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